



MY BATHROOM ROUTINE

Small steps. Big progress!

I can
do this!



1

**Go to the
bathroom**

Time to try!



2

Pants down

I get ready.



3

Sit & try

I sit and give
my body time.



4

Clean up

I wipe and
get clean.



5

Pants up

I get dressed
again.



6

Flush

Bye-bye!



7

Wash my hands

Soap, water,
scrub and rinse.



8

All done!

I did my bathroom
routine!



Every time I practise,
I'm learning.



A note for grown-ups ♥

Little ones learn at different speeds.
Help with any steps they can't manage
independently yet, and celebrate
practising—not just the result.



Small
steps today...
Brighter
tomorrows!



Let's talk!

Which part of your bathroom
routine can you do all by
yourself? ♥

